

# The Ultimate Pajama Party! A Play Day For Women



Saturday, November 8 • 9:00 AM to 3:30 PM • \$65  
Ivy Arts Bldg, Suite 201 • 2637 - 27<sup>th</sup> Ave So, Mpls



Other Things You Need To Know:

- Wear PJs or dress for comfort
- Bring bag lunch, pillows, blankets
- Stuffed animals welcome, of course!

Info / Registration: Cheryl Hiltibran • [Cheryl@GoingGenius.com](mailto:Cheryl@GoingGenius.com) • 952-486-1298  
OR Lynne Jensen • [Lynne.Jensen@BalancedLifeSolutions.org](mailto:Lynne.Jensen@BalancedLifeSolutions.org) • 763-545-7357

## Your Friendly Hostesses / Teachers / Playmates:

### Cheryl Hiltibran, M.Ed.

Cheryl is a Natural Intuitive and a powerful Energy Healer passionate about assisting "trailblazer" clients to their ultimate potential with her fun, unique, personalized approach; she helps them bring their best talents to consciousness and to fruition. An Accelerated Learning expert since 1992, she has facilitated learning, creativity, and memory skills for thousands of people. Cheryl is a dynamic group facilitator and team builder.

[Cheryl@GoingGenius.com](mailto:Cheryl@GoingGenius.com)  
952-486-1298

### Lynne Jensen, M.A.

Lynne is a Certified Life Coach with the Institute of HeartMath and also the owner of Balanced Life Solutions, LLC. She specializes in facilitating people to make authentic choices by accessing the wisdom, creativity, efficiency, and clarity of their Heart Intelligence, which engages both mental and emotional intelligence—the source of intuitive wisdom and clear perceptions that can be accessed with practice even in the midst of chaos.

[Lynne.Jensen@BalancedLifeSolutions.org](mailto:Lynne.Jensen@BalancedLifeSolutions.org)  
763-545-7357

### Spruce Krause M.A.

Spruce is a Reiki Master Teacher, a Certified Laughter Yoga and InterPlay Leader, and Massage Therapist who also offers Life and Career Coaching and Counseling. Spruce has more than 20 years of experience supporting individuals and groups in body/mind healing and personal transformation with a playful touch.

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